



## private passion

**Kirsty Brooks:** Adelaide author

### **Describe your fashion style.**

I dress as though I think I'm in a '60s beatnik coffee house, which makes it pretty hard to find anything in the morning. I love winter. I also like grey. I should probably just go and live in Melbourne.

### **Favourite item in your wardrobe?**

My black roll-neck jumper. One of a dozen.

### **Favourite beauty product or routine?**

I'm a bath addict. A deep bath with Crabtree & Evelyn bath oil is the most effective mood-altering substance I know. It's the first thing I check when I book a hotel room.

### **Best health or fitness tip?**

For me the healthiest thing in the world is to buy flowers every week, try to be good to other people and spend time with animals. Oh, and live within walking distance of good shops. And a pub.

### **Favourite indulgence?**

Haigh's chocolate, a glass of Evans & Tate Classic and a good book.

### **What makes you angry?**

Racism, lack of empathy and cruelty. When I write, I try to put myself in other people's shoes to find out what makes them tick and I'm always shocked by just how few people seem able to do this. The current refugee situation makes me very sad.

### **Best advice?**

"You'll never get anything by being rude to people." My mother told me that when I was 16. It took five years to sink in but I'll never forget it.

□ Kirsty Brooks is a writer who developed board games based on the TV shows *Sex and the City* and *Big Brother*. Her first novel, *Lady Luck* (Wakefield Press, \$24.95) is in bookstores.